



Name _____ Date of Birth _____ Current Date _____

Primary Care Provider: _____

Medication	Dose	Treats	Medication	Dose	Treats

Medical History

Diagnosis	Date	Diagnosis	Date

Surgical History

Surgery	Date	Anesthesia	Complications?

Allergies ☐ No known drug allergies

Item/Medication	Reaction

Social History

Tobacco Use? ☐ Never ☐ Current Smoker ☐ Previous smoker Age started _____ Packs/day _____ Years smoked _____

Do you drink Caffeine? ☐ No ☐ Yes, # _____ day Alcohol Use? ☐ None ☐ Yes, # _____ week

Recreational Drug Use? ☐ None ☐ Yes, _____

Exercise? ☐ No ☐ Yes, type _____ How Often? _____

Education: ☐ K-12 ☐ Diploma/GED ☐ College student ☐ Some College ☐ 2-yr degree ☐ 4-yr degree ☐ post-grad degree

Occupation: _____

Relationship Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Domestic Partnership ☐ Legally Separated

Preventative Screenings

Mammogram? ☐ No ☐ Yes, date _____ Bone Density scan? ☐ No ☐ Yes, date _____

Colonoscopy? ☐ No ☐ Yes, date _____ Cholesterol checked? ☐ No ☐ Yes, date _____

Influenza vaccine? ☐ No ☐ Yes, date _____ Tdap? ☐ No ☐ Yes, date _____

Pneumonia vaccine? ☐ No ☐ Yes, date _____ COVID Vaccine? ☐ No ☐ Yes, date _____

Shingles Vaccine Series of 2? ☐ No ☐ Yes, date _____ Gardasil Series of 3? ☐ No ☐ Yes, date _____



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Over the past two weeks, please answer how often you have been bothered by the following problems?

1. Little interest or pleasure in doing things?

Not at all (0) Several Days (1) More than half of the days (2) Nearly every day (3)

2. Feeling down, depressed, or hopeless?

Not at all (0) Several Days (1) More than half of the days (2) Nearly every day (3)

Confidential Abuse Questionnaire

Do you feel safe in your home? ☐ Yes ☐ No Are you afraid of your partner or someone else? ☐ Yes ☐ No

Within the past year, have you been hit, slapped, kicked, or otherwise physically hurt by someone? ☐ Yes ☐ No

If you answered "yes" to any of the above questions, you may be in an abusive situation, and we would like to help. Please indicate how we should contact you or please call the Iowa Domestic Abuse Hotline 1-800-942-0333.

Patients over 65 years of age:

Have you had 2 or more falls in the past year? ☐ Yes ☐ No Had an injury due to a fall in the past year? ☐ Yes ☐ No

Pregnancy History

Pregnancies _____ # Full Term _____ # Premature _____ # Miscarriages _____ # Induced Abortions _____

Living Children _____ # Elective Abortions _____ # Ectopic Pregnancies _____ # Adopted Children _____

Pregnancy History - List in Chronological Order								
Baby's Name	Date of Birth	Weeks Pregnant	Hours in Labor	Birth Weight	Baby's Sex	Type of Delivery	Pain Medication	Complications

Gynecological History

Birth Control Used: ☐ Pills ☐ Condoms ☐ IUD ☐ Tubal Ligation ☐ Vasectomy ☐ Nexplanon ☐ Depo ☐ Other _____ ☐ None

Are you satisfied with your current birth control method? ☐ Yes ☐ No Do you have breakthrough bleeding? ☐ Yes ☐ No

1st Day of Last Period _____ Length of Period _____ days Regular ☐ Yes ☐ No Flow ☐ Light ☐ Medium ☐ Heavy

of pads/tampons _____ /day Clots ☐ No ☐ Yes, size _____ Bloating ☐ No ☐ Yes Cramps ☐ No ☐ Mild ☐ Moderate ☐ Severe

☐ Hysterectomy ☐ Postmenopausal, age at menopause _____ Are you on hormone replacement therapy ☐ No ☐ Yes

Hot Flashes ☐ Yes ☐ No treatment _____

Date of last pap smear, if not done at our office _____ Have you had an abnormal pap? ☐ Yes ☐ No Date _____

Have you had a Colposcopy or LEEP? ☐ Yes ☐ No Have you had: ☐ Gonorrhea ☐ Chlamydia ☐ Herpes ☐ Trichomonas

Are you sexually active? ☐ No ☐ Yes, men ☐ Yes, women ☐ Yes, both men and women ☐ Multiple partners ☐ New partner

Experiencing pain with intercourse? ☐ Yes ☐ No Vaginal discharge? ☐ Yes ☐ No

Urinary problems? ☐ No ☐ Yes, _____

Experiencing breast problems? ☐ Yes ☐ No Performing monthly breast exams? ☐ Yes ☐ No Nipple Discharge? ☐ No ☐ Yes

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Past Medical and Family History				Review of Systems							
X if you/your family has any of the following:				Please check if you are experiencing any of the following today:							
	Personal	Family	Description	Constitutional		Yes	No	Urinary		Yes	No
Breast Cancer / Breast Disorder				Unexplained Weight Loss				Blood in Urine			
Heart Disease / Heart Attack / Chest Pain				Unexplained Weight Gain				Pain with Urinating			
High Blood Pressure				Fever				Urgency			
High Cholesterol				Fatigue				Urinary Frequency			
Colon Cancer				Eyes				Incomplete Emptying			
Bowel Disease				Double Vision				Leaky Bladder			
Diabetes				Vision Changes				Skin			
Ovarian Cancer				Wears Corrective Lenses, Glasses				Rash			
Uterine Cancer				HENT				Ulcers			
Prostate Cancer				Ear Aches				Mole Changes			
Thyroid Disease				Ringing in the Ears				Neurological			
Other				Sinus Problems				Dizziness			
Headaches / Migraines				Sore Throat				Numbness / Weakness			
Stroke				Mouth Sores				Headaches			
Epilepsy / Neurological Disorder				Breast				Trouble Walking			
Jaundice / Hepatitis				Pain in Breast				Musculoskeletal			
Hiatal Hernia				Discharge				Muscle Weakness			
Peptic Ulcer				Lumps				Joint Pain			
Kidney Disease / Stones / Infection				Cardiovascular				Endocrine			
Urinary Incontinence				Chest Pain				Hair Loss			
Urinary Infections				Swelling of Legs				Hot Flashes			
Blood Transfusions				Palpitations of Heart				Psychiatric			
Anemia				Rapid and Irregular Heart Beat				Depression			
Blood Clots / Bleeding Disorder				Respiratory				Anxiety			
Skin Disease				Wheezing				Loss of Appetite			
Lung / Respiratory Disease				Coughing Blood				Heme / Lymph			
Arthritis / Joint Pain				Shortness of Breath				Frequent Bruising			
Osteoporosis				Cough, Chronic				Cuts Do Not Stop Bleeding			
Anxiety / Depression				Gastrointestinal				Enlarged Lymph Nodes			
Anesthetic Complications				Frequent Diarrhea							
MRSA				Bloody Stools							
VRE				Heart Burn							
GISA				Nausea and Vomiting							
Blood Transfusions				Constipation							
				Hemorrhoids							